National Health Mission
Madhya Pradesh
8, Arera Hills, Jail Road, Bhopal – 462004

No./Child Health- Nutri./NHM/2015/5536

Bhopal, Date: 26-5-15

Meeting Minutes
State National Iron Plus Initiative Advisory Committee Meeting dated 19.05.2015

National Iron plus Initiative programme is being implemented in the State of Madhya Pradesh. Since the stakeholders departments for Weekly Iron Folic acid supplementation (WIFS) programme and National Iron plus Initiative (NIPI) programme are similar, hence the State WIFS advisory committee was subsumed and re-constituted as State National Iron Plus Initiative Advisory Committee vide GO No. 7050 dated 30th Aug 2014. The first advisory committee meeting for the financial year 2015-16 was held on 19.05.2015 at State office National Health Mission, GoMP under the chairmanship of Principal Secretary, Health and Family Welfare, GoMP.

The meeting was attended by the following officials:-

1. Mrs. Gouri Singh, Principal secretary, Dept. of health and family welfare, Madhya pradesh
2. Mr. Faiz Ahmed Kidwai, Mission Director – NHM, Bhopal
3. Dr. B.N. Chouhan, Director , NHM , Bhopal MP
4. Ms. Reeta Singh, Deputy Commissioner ,Tribal Dept. Satpuda, Madhya Pradesh
5. Dr. Archana Misra, Deputy Director- Maternal Health , NHM Bhopal MP
6. Dr. Pragya Tiwari, Deputy Director –Child Health Nutrition , NHM Bhopal MP
7. Dr. Dilip Hedau, Deputy Director- Adolescent Health , NHM Bhopal MP
8. Dr. Vinay Dubey, Deputy Director- Procurement , NHM Bhopal MP
9. Dr. Pankaj shukla, Deputy Director- IEC , NHM Bhopal MP
10. Dr. Nidhi Patel, Deputy Director- ASHA , NHM Bhopal MP
11. Ms. Rekha Patel, Dy. Director, Viddhaya, Lok Sikshan Sanchalanlaya, MP
12. Ms. Tanuja Srivastava, State Coordinator –Gender Rajya Siksha Kendra, MP
13. Mr. Usmaan Khan, State Coordinator – Training , Rajya Siksha Kendra, MP
14. Ms. Ritu Ghosh, State Representative, Micronutrient Initiative, Madhya Pradesh
15. Ms. Pushpa Awashty, Nutrition Officer, UNICEF, MP
16. Dr. Aboli Gore, Deputy Team Leader, MPTAST, Bhopal
17. Ms. Esha Kalra, Program Manager, Evidence Action- Deworm the World Initiative, New Delhi
18. Ms. Roshni Dilbagi, State Programme Manager, De-worm the world Initiative , Bhopal MP

All the stakeholder departments including Tribal Welfare Dept, Dept of Education- both Primary, Middle and high School representatives, along with the supporting Donor Partners were present in the meeting. Integrated Child Development Scheme (ICDS) Officials could not attend due to coinciding of Departmental Mahila Panchayat function.
The committee was apprised of the achievements of NIPI as well as WIFS programme in the year 2014-15. The derogative effects of anemia across different age groups as well as the estimated target beneficiaries under WIFS and NIPI were made known to all present. It was shared that in Madhya Pradesh there are 85,113 Primary schools (Class I-V) and 70,669 Middle, High, Higher Secondary schools (Class VI-XII) through which implementation of in-school WIFS and NIPI is being done. The number of enrolled children in Primary schools as per DISE data is 60,63,999 whereas those between 10-19 years are 50,48,335 (DISE). It was brought to the notice of the chairperson that though the in-school implementation coverage in the State has increased from 14.2% in April 2014 to 75.1% in March 2015, the out of school coverage which is catered through ICDS is still a weak link (28% coverage only).

The state has strengthened the reporting systems and is now diligently monitoring block wise reporting in the State. The state is one of the first to shift the reporting system to ASHA wherein she collects the monthly reports from school teacher/ AWW and submits to the ASHA sahyogini and thence to BCM/ BPM and DPM/CMHO. There is cross sharing of information with Dept of Education and ICDS at all levels that is village, block, district and at the State level. Presently in the month of April 2015, 268 out of 313 blocks had submitted block wise reports of WIFS and NIPI supplementation for age groups 6-60 months and 5-10 years.

WIFS coverage percentage in April 2014 was 14.2% whereas in April 2015, it has documented a marked hike as 70.8%. It was apprised that the State has a quarter supply of IFA syrup (6-60months), almost 2 months supply for IFA pink tablets (5-10 years) and a quarter supply of IFA blue tablets (10-19 years) as lead stock. The valid rates for all three drugs are available hence the decentralized procurement orders for subsequent quarter shall soon be placed by the districts.

The State had conducted the prevalence survey of Soil Transmitted Helminthiasis (STH) in facilitation with DtWI, NIE Chennai, PGMIER Chandigarh and ICMR, in October 2014 and the worm load of the State is documented as <20%. Hence, the State will ensure only an annual de-worming of children between 1-19 years during National Deworming Day (February 2016).

The training plans for the year 2015-16 for WIFS as well as NIPI were reviewed by the chair. The following salient decisions were discussed and taken:-

- It was discussed that coverage drop during the vacations is a problem for which directives for issuing strips to the school children has already been disseminated by joint signatures of Dept of Health, Rajya Shiksha Kendra and Lok Shikshan Sanchanalay.
- Representatives of Rajya Shiksha Kendra submitted that summer camps are being organized by the Department of Education for out of school children from 1st May – 15th June 2015 in which IFA supplementation can be a strategy for enhancing coverage. Similarly residential boys hostels may also be tapped for IFA coverage.
- It was discussed that childhood anemia was highest in the age group 6 -60 months i.e. 74.1% (NFHS-III), hence, MoHFW, CH-division has approved incentives for ASHA for ensuring bi-weekly supplementation of IFA syrup. It was pondered by PS, Health that feasibility of the same through ASHA can be difficult to monitor and ways for implementation must be worked out. She was of the view that the incentive may be used for improving out of school WIFS coverage if possible. However, the committee members were apprised that different age groups under WIFS and NIPI are taken care by different programme divisions at the Ministry, hence
utilization of incentive money approved for 6-60 months may pose a problem for strategizing out of school coverage under WIFS

- It was suggested by MD, NHM that as of now there is a dearth of safety net for out of school boys (10-19 years) for which the state might consider provision of strips of 1x10 IFA blue tablets (2.5 months supplies) to un-enrolled and drop out boys. This may amount in some wastage but certain percentage of boys shall still be benefitted.

- It was directed by the chair that block coordination committees be formed under chairmanship of SDM for reviewing implementation of WIFS and NIPI.

- Donor partners were urged for supporting implementation of programme, capacity building, data validation and documentation of good practices.

- It was decided that a special IEC campaign shall be launched in the State for rendering visibility to WIFS and NIPI

- Strong IEC using mascots and brand ambassadors especially young sportspersons of the State shall be used.

- It was decided that the Peer Educators of 11 districts shall be trained to promote the IFA supplementation. Lead will be taken by RKS for the same.

- Further RBSK doctors shall sensitize children in schools for beneficial effects and improved school performance during their field visits.

- DD procurement was directed by MD, NHM to consider improvement in palatability and packaging of IFA syrup to improve consumption and coverage.

- It was also considered that ‘Preraks’ under Saksharta Mission can be leveraged for improving coverage of WIFS. Rajya Shiksha Kendra shall share details of ‘Preraks’ and sustainability of the same.

- It was discussed by DD, MH that pregnant and lactating women and anemia in Women of Reproductive Age (WRA) is a big scope which has far reaching effects on pregnancy outcomes and maternal mortality. She pointed out that IFA supplementation in P&L women is being implemented since last 60 years but the iron consumption in the said beneficiary cadre is still a big challenge. Also most of the donor partners have their mandates of anemia control in age group other than women. It was requested that Micronutrient Initiative (MI) may help the State in implementation of anemia control programme in WRA and P&L too.

- DD, MH also pointed out that the State has now started deworming as a strategy for pregnant and lactating women. It was requested that DtWI may support in the implementation of the same.

- It was directed by PS, Health that the issues pertaining to ICDS may be separately taken up due to their absence in the advisory meeting.

- Last but not the least it was decided that NIPI and WIFS programme shall be jointly reviewed quarter wise through joint video conference of Health, Education and ICDS departments.

Approved by PS, Health

Faiz Ahmed Kidwai
MD, NHM, GoMP